



Newsletter n. II 8th June 2017



From November 2016 consultations on and with Young Carers went on in the countries involved in EPYC project!

CARERS TRUST SCOTLAND: YOUTH CONSULTATION EPYC PROJECT

In November 2016, Carers Trust Scotland worked with a group of young adult carers to introduce them to the new exciting European partnership project EPYC (Empowering Professionals to Support Young Carers).

At the event, these carers found out about the project and how through it Carers Trust Scotland hopes to make lasting positive changes for young adult carers in Scotland and across Europe.

These young people took part in a range of interactive exercises to explore support gaps and what tools they think could be created to help professionals to better support young and young adult carers



FIRST EPYC - NETWORK MEETING WITH LOCAL PARTNERS IN BERLIN

On December 15th 2016 a small but exquisite group of 11 interested and dedicated stakeholders came together to share their expertise about Young Carers and discuss experiences, ideas and visions on how to promote awareness in that field. The participants came from different institutions and professions, such as counselling for children of cancer patients, care counselling, an institution for siblings of ill children, hospital management, intercultural care and a teacher from a nursing academy.

After a short input about Young Carers, the EPYC project and the presentation of the brand new project flyer by the project manager, the participants shared their experiences about their work with Young Carers which brought an interesting variety of perspectives and reflected different needs for action.

Since December the Young Carers stakeholder group has met once more and specialized working groups such as "support in school and education", "awareness-raising and educational resources" and "self-help groups and group actions" are currently creating more resources for professionals working with Young Carers. They will be presented to the public in April 2018.

MINI-FESTIVAL FOR YOUNG CARERS IN BERLIN



Furthermore, we organized a mini-festival for Young Carers during the Berlin Carers Week in May with the goal to bring Young Carers together, to offer them a range of activities and to show them our appreciation for their role as Young Carers. We offered a healthy smoothie bar, massages by two professional physiotherapists, a photo box with lots of costumes and some interactive workshops like improve theater and much more.

Our next step will be to form a regular group meeting in Berlin for Young Carers aged 15-20. Things are starting to move here in Berlin regarding Young Carers and we are happy to be part of the movement.

WORK IN PROGRESS FOR THE EPYC PROJECT NETWORK IN ITALY

The EPYC project network met for the first time in September 2016 and again in February 2017. The group was set up with 5 highly committed members working in the youth wellbeing and counselling fields and it will now be opened to the participation of more professionals coming from the social and youth work areas.

Between the two meetings, an awareness rising session for professionals working with youth in the health care field has been organized and greatly participated.

We can now proudly say that the word "young carers" is now part of the local dictionary!

CARERS TRUST SCOTLAND: YOUTH CONSULTATION EPYC PROJECT

At the beginning of February 2017, Carers Trust Scotland worked with a group of young and young adult carers to consult with them on new resources and tools that we are developing as part of EPYC. The young people were consulted on the design and content ideas for producing the new resources and tools. Once launched Carers Trust Scotland hopes that these resources and tools will help to empower professionals to make lasting positive change to improve to improve support for young carers and young adult carers.

THE 2° TRANSNATIONAL PARTNER MEETING IN CESENA



On March 6th 2017, the project partner Istituto Professionale Statale VERSARI MACRELLI hosted the 2° transnational partner meeting. Partners described the activities done so far, mainly focusing on the data collected for the first and the second project outputs: the “Awareness raising resources” and the “Tools to assess the care burden and the impact of caring on the daily life of young carers and to support their empowerment process”.

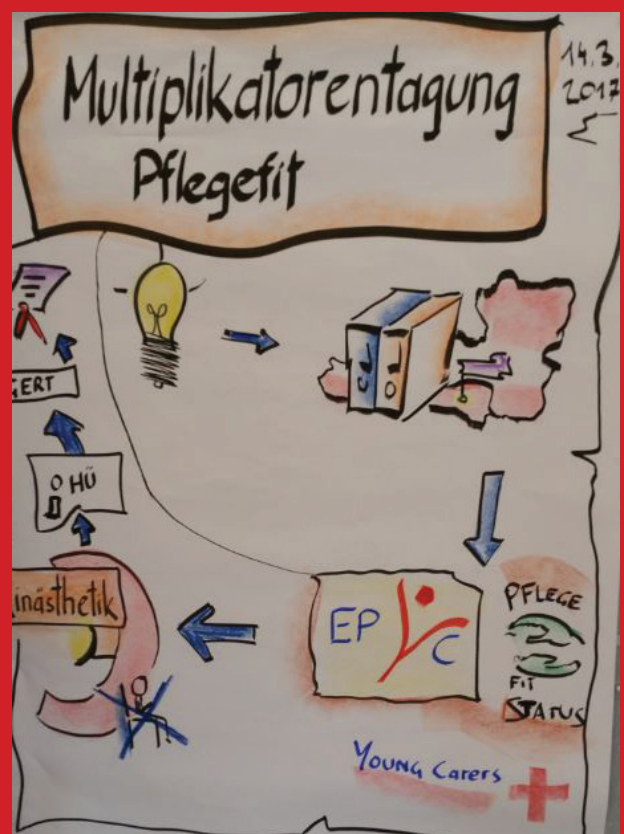
All those resources are being organised to be soon available on the project website!

EPYC WORKSHOP FOR PFLEGE- FIT-TRAINERS

On March 14th 2017, an EPYC-Workshop was held by Austrian Red Cross within the multiplier event for pflegefit-trainers in southern Austria. The participants have been pflegefit-multipliers from almost all federal states in Austria.

We gave an overview of Young Carers initiatives and projects in Austria and the EPYC project in general. Additionally we presented some EPYC tools, which we tested and discussed in the group of experts.

We gained good input for the adaptation of parts of the material as well as for the utilization.



GOING HIGHER FOR STUDENT CARERS



Carers Trust Scotland are delighted to introduce the Going Higher for Student Carers: Recognition Award pilot scheme as an output of the EPYC project. This award aims to make it easier for higher education institutions to support young adult carers and student carers and reward good practice. It incentivises and encourages universities to adopt a sustainable, whole institution approach to Identify, Support and Report on student carers.

This tool was launched in March 2017 at an event hosted by Carers Trust Scotland at the University of Strathclyde. The event was organised in partnership with young adult carers from across Scotland. 84 delegates registered and the overall event aided in informing the higher education sector and decision makers on ways to better support young adult carers and student carers.

[Download the Going Higher for Student Carers Recognition Award](#)

[Download the Going Higher for Student Carers Recognition Award Checklist](#)

EPYC AS PROGRAMME PART OF THE ARC YOUTH MEDIA CONFERENCE

On April 8th 2017, the youth media conference of ARC took place, involving youth representatives and (social) media experts from all regions in Austria. The topic of Young Carer was dealt with during the Open Café session. The participants worked on important questions regarding the EPYC project and the involvement of youth organisations in Austria.

We are really happy about the great input!

2ND INTERNATIONAL CONFERENCE ON YOUNG CARERS IN SWEDEN

Licia Boccaletti (*Anziani e non solo-IT*) and **Ben Salzmann** (*Diakonisches Werk Berlin Stadtmitte e.V. - DE*) attended the 2nd international Young Carers conference in

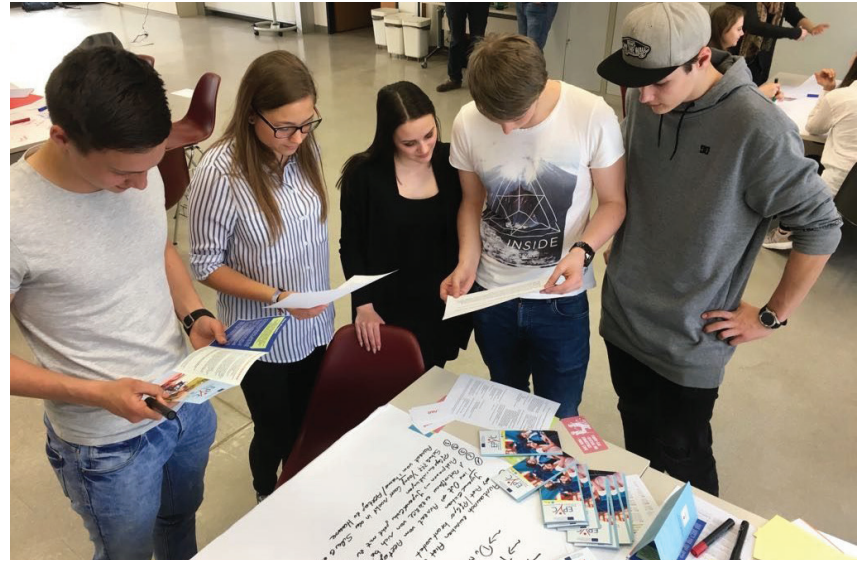
Malmö, Sweden in May 2017. In their presentations to a wide range of international professionals they shared information about the EPYC project

with Ben focusing on the importance of collaboration with the social and health system and giving advice on how to form a strong local network. Licia focused on Young Carers in Italy and giving an insight in their situation and status quo.



Their presentations and all other presentations of the conference can be watched for free on the conference website :

<http://www.anhoriga.se/nkaplay/the-2nd-international-young-carers-conference/>



For more information about the project and to subscribe to our newsletter visit the project website www.ep-yc.org or contact the coordinator: epyc@diakonie-stadtmitte.de.

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